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PALLIATIVE CARE: A MULTIPROFESSIONAL APPROACH IN PATIENTS WITH BREAST CANCER

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Objective: The aim of this study was to describe the importance of the multidisciplinary team in the management of pain in patients with breast cancer under palliative care. **Methods:** This is a qualitative literature review based on the analysis of studies available in the databases “SciELO”, “PubMed”, and Google Scholar platform. Aspects such as the particular needs of different patients, the views, and participation of the various health professionals involved in the treatment as well as the patients’ family network and affinities and their perceptions of the benefits of such an approach were considered. The descriptors used were the terms “Palliative Care”, “Breast Cancer”, and “Multidisciplinary Team”. Studies published between 2018 and 2022 and available in Portuguese or English were selected. **Results:** Among the materials analyzed, it is evident that palliative care for breast cancer should include a multiprofessional team, which aims to meet most of the individual’s needs. In addition, it can be observed that the insertion of this approach into the treatment of the patient improves adherence and awareness about the disease, thus interfering in the improvement of physical and psychosocial symptoms, resulting in an improvement in the quality of life of the patient. However, the lack of knowledge of patients and families about palliative care causes late and unplanned referrals. **Conclusion:** It is found that breast cancer is a multifaceted disease that covers several dimensions that make up the biopsychosocial being. Consequently, care must be prepared by a multidisciplinary team in order to improve adherence to treatment and education about the disease and, finally, care for the patient in its entirety, reducing their suffering.

Keywords: Breast cancer. Palliative care. Patient care team.